

## Action plan example for week 6

*Remember that this is only an example, please arrange the Action Plan so that it fits into your life. And you can use the video example, this example or make your own plan that fits you the best*

**NOTE.** in the video called "Inspiration licks Tony Macalpine" the tablature is gathered together with the video called "Inspiration licks Chris Impellitteri"  
Also I have started to add the chord sequence on the Tablature in the Etudes from now on

### **First thing in the morning**

I think it would be a really good idea to start working on the Etude right away since a new technique is introduced this week, the Economy picking/speed picking technique where the fingering plays a huge role in order to be able to get it up the speed. Plus also the Sweep picking Tapping lick

### **Mid day**

This is the time where you can go through the Intervals video and decide which if the intervals sound you like the most and preferably start to work them into your playing, mind you these intervals takes time to get up the speed since they are arranged in a way that does not make high speed that easy, but then again in my opinion they don't need to be that fast to sound awesome

### **Evening**

Of course continue with the original Alternate picking drill from the first week, but it would be great if you additionally also chose one of the "inspiration" licks, either the Tony Macalpine or Chris Impellitteri. These licks might also take quite some work since they too introduce some new techniques