

Neo Classical Shred Guitar Study

week 8

Welcome to your eighth week on the study of Neo Classical shred guitar. This is again a week with a lot of new material so its as usual important to use your time wisely to gain as much from the course as possible. As you probably already noticed the last video this week is about this subject.

Instead of a new test this week we will go into a song by Symphony x and see what they do to create the amazing songs they do. Some have already submitted their videos created from the first assignment, if you want to do that as well theirs no specific time limit on it so whenever you get to it you can submit it

Here is a suggestion on how a practicing week could look like for you.

Morning session

In my opinion its always great to practice some of the mechanics in the morning like alternate picking or sweep picking, or even Legato but I prefer alternate picking and sweep picking, but that's of course up to you. So preferably choose one of the technical lessons this week or the Etude would really make sense. Or you could also practice one of the Sweep picking tapping pices

Midday session

This is the time where it would be best to focus on the more theoretical lessons like the Symphony x video you got this week, but you don't have to spend long time on it, just a little every day until the theoretical background settles. Then for example move back to the Etude and get the patterns down so you can start practicing with the backing tracks or the new Vinnie Moore Legato lick is also a lot of fun

Evening session

Now as in the previous weeks it's time for the critical alternate picking lesson. But I would also like to suggest to you that you take maybe half an hour and play around with all the different licks that you hopefully have decided on using . What I mean is that for example if you really like some of the Sweep picking Tapping pieces where the individual patters can also be used in improvising this is a very effective way of practicing and even though it's quite a relaxed way of practicing as opposed to the metronome way of practicing, it is very effective and I do it myself every day before I'm off to bed, happy practicing

As always this is just suggestions, you always have to fit the practicing in such a way so it fits into your life, as long as you take your practicing seriously and take enough time out to do it every day, and also be consistent with the licks and techniques so you experience the development in the techniques so you don't choose new lessons in case you get bored with something just because you don't necessarily see improvement as quick as you may think. Remember to become a great at everything takes time and dedication, that being said you can surely improve faster with the right amount of focus