

Neo Classical Shred Guitar Study

week 1

Welcome to your first week on the study of Neo Classical shred guitar, usually every week I will give you both a video and a pdf on practicing, the reason for this is because the videos while they are certainly giving you ideas on how to practice they are mostly giving information and ideas about evolving as a guitarist and a musician and the pdf's are more to the point on just scheduling your practicing time. That being said these are always only suggestions and my thoughts on practicing, you still have to create a schedule that fits into your life and your preferences regarding guitar, but here are a schedule as it could look

Here is a suggestion on how a practicing week could look like for you, of course you can also choose to use the Action plan video instead as an inspiration to what and how much you want to practice this week. As long as you keep working with the Accelerated learning system you are sure to keep a high learning curve.

Morning session

If you are new to the seven Major scale I would suggest that you work on the scale patterns a little in the morning, midday and evening so that you quickly get them down because they are the nuts and bolts of playing guitar. Make sure that you don't work on more than a few so you don't start to mix them up, you have to be able to play each of them without any wrong notes, that means that if you accidentally play a wrong note, you still don't know the pattern well enough which means you have to take down the pace and keep your focus on the pattern until you play it flawlessly. This does not have to be more than 5 to ten minutes, so you will still have some minutes left for one of the licks

Midday session

Practice the Etude midday while you are still not too tired to keep a lot of focus for something new and the Etude will obviously take more time to learn than a scale pattern, fortunately the Etude is a lot of fun to practice. You could practice this for 20 minutes or 30 minutes and you could even practice the lick you also practiced in the morning so it really settles in your mind. And remember to go through the scale pattern or patterns so you don't forget them

Evening session

As I mention in the video this is a good time to practice alternate picking speed, obviously you can also practice any other time of day if you prefer, and as I also mention in the video the alternate picking drill should take enough time so you at least get warmed up, so if you are totally new to this you should start at a pace where you can at least spend 15 or more minutes on this. And finally go through the scale patterns before your off to bed

As always this is just suggestions, you always have to fit the practicing in such a way so it fits into your life, as long as you take your practicing seriously and take enough time out to do it every day, and also be consistent with the licks and techniques so you experience the development in the techniques so you don't choose new lessons in case you get bored with something just because you don't necessarily see

improvement as quick as you may think. Remember to become a great at everything takes time and dedication, that being said you can surely improve faster with the right amount of focus