

Neo Classical Shred Guitar Study

week 2

Welcome to your second week on the study of Neo Classical shred guitar, usually every week I will give you both a video and a pdf on practicing, the reason for this is because the videos while they are certainly giving you ideas on how to practice they are mostly giving information and ideas about evolving as a guitarist and a musician and the pdf's are more to the point on just scheduling your practicing time. That being said these are always only suggestions and my thoughts on practicing, you still have to create a schedule that fits into your life and your preferences regarding guitar, but here are a schedule as it could look

Here is a suggestion on how a practicing week could look like for you, of course you can also choose to use the Action plan video instead as an inspiration to what and how much you want to practice this week. As long as you keep working with the Accelerated learning system you are sure to keep a high learning curve.

Morning session

I hope you are getting more familiar with the Major scale since last week. Since this week we are really getting into the Pedal point concept and starting to use the Harmonic minor scale as well plus even getting a little into the Sweep picking technique and let me tell you that it's not one of the typical patterns, or at least not played in a typical way, but it's really cool I think. I think that you would really benefit from starting your day with one of the alternate picking Harmonic minor runs, for example the one ending in the arpeggio, so you are really fresh in the mind when working with this new technique

Midday session

Now it would be a good time to start working on the Pedal point lessons, I would suggest that you only work on the first one until you start getting some results with it. Don't use the metronome yet, just playing around with the technique for 10 to 15 minutes is very effective. After this start putting the notes together in the Etude so you can play it through, though just in a slow pace, then within a few days you should be able to play it at least to the slow track in 70bpm.

Evening session

Work with the alternate picking drill from week one continuously through the course and even beyond to improve and perfect your alternate picking speed and remember that this drill should not last less than 20 to 25 minutes, so if you can still not play it fast then start at a really slow pace so you are sure to get really nice and warmed up. After this go back to the Etude and make sure you remember all the patterns so you can soon start to play it to the tracks