

Neo Classical Shred Guitar Study

week 3

Welcome to your third week on the study of Neo Classical shred guitar, this week the action plan comes as this pdf. This week we dive into the Sweep picking technique, and instead of just giving you one single Sweep picking drill to work on you are getting into the technique full on, and with this week's Etude we almost exclusively focus on Sweep picking, so even though it might seem like a lot of Sweep picking I really feel that that this way you really get immersed with the technique and immediately see the opportunities the technique offers and way cooler is also that you get to play a piece of music with this technique. So unless you are already a Sweep picking master you really get a lot of work this week. But not only that, this week you also get what I called "this week's Neo Classical Metal lesson" which is the beginning of analyzing Neo Classical Metal compositions, but not only that, also taking the concepts and putting them to work for you, which means that you take the concepts used in this weeks composition and see how you can re use them in your own music

Here is a suggestion on how a practicing week could look like for you, of course you can also choose to use the.

Morning session

Even though we have the "this week's Neo Classical Metal lesson which is very theoretical I think you should start the day with something technical instead, it just has such a positive effect on your plain in general. If you are new to Sweep picking I suggest that you start working on the video just called Arpeggios, and once you know the patterns well enough start practicing them either as eighth notes, sixteenth notes or sixtuplets

Midday session

Now it would be a good time to start working on the "this week's Neo Classical Metal lesson" Now you may have longer time to work than in the morning to sit down with a lesson. Once you have gone through the video and preferably even taking the concepts in it further and try to make something up your self. Then the next thing could be to revisit the Arpeggios video and lesson and then also start getting the patterns in the Etude down. But don't start with the backing tracks until you feel really comfortable with the patterns. You want to be so familiar with the patterns so when you practice with the backing tracks you can focus on listening to how it sounds to the tracks and keeping in time as well

Evening session

Work with the alternate picking drill from week one continuously through the course and even beyond to improve and perfect your alternate picking speed and remember that this drill should not last less that 20 to 25 minutes, so if you can still not play it fast then start at a really slow pace so you are sure to get really nice and warmed up. After this go back to the Etude and make sure you remember all the patterns so you can soon start to play it to the tracks